

Fun Recipes for Kids

Kid's Style Pizza

1 can biscuits
pepperoni
mozzarella cheese

1 small can tomato sauce
1 tsp. Italian seasonings

1. Preheat oven to 400 degrees.
2. On a greased cookie sheet spread flatten each biscuit out to about 3 to 4 inches in diameter.
3. In a small bowl, combine tomato sauce and Italian Seasonings. Spread one to two tablespoons on each biscuit.
4. Top with meat and cheese.
5. Bake in oven 10 to 12 minutes.
6. Allow to cool a couple of minutes, it will be very hot.

Delicious Banana Pudding

1 large package of instant vanilla pudding
3 cups milk
1 cup miniature marshmallows

1 8-oz carton of whipped topping
3-4 bananas, sliced
vanilla wafers

In a large bowl combine pudding and milk. Mix well. Add marshmallows and whipped topping. (leave about a 1/4 cup of topping for the top.).

In a bowl or pan layer the following vanilla wafers, bananas, pudding mixture, vanilla wafers, rest of bananas and rest of pudding mixture.

Refrigerate for at least 2 hours or overnight.



Veggie Nuggets

- 1 egg
- 3 tablespoons low-fat milk
- 3 3/4 cups crushed cornflakes cereal
- 2 cups vegetables cut in chunks (carrots, broccoli, zucchini, mushrooms, etc.)

1. Heat oven to 400 degrees F.
2. Mix egg and milk well in a bowl
3. Put crushed cereal in a plastic bag, dip some of the vegetables into the egg mixture, then add to the bag of cereal. Seal the bag and shake to coat the vegetables. Place the coated vegetables on a baking pan. Repeat with remaining vegetables.
4. Bake the vegetables for 15 minutes. Serve warm with ranch dressing.

Fruit Smoothie

- 1 banana
- 1 ½ cups milk
- 3/4 cup crushed pineapple with juice

Mix ingredients in blender on high for 1 minute and serve. You may also mash bananas in a bowl. add remaining ingredients, cover and shake vigorously. Serves 6 small cups.

ICE CREAM IN A BAG

- 1 tablespoon sugar
- ½ cup milk or half and half
- 1/4 teaspoon Vanilla
- 6 tablespoons Rock salt
- 1 pint-size Ziploc plastic bag
- 1 gallon-size Ziploc plastic bag
- Ice cubes

How to Make It

- Fill the large bag half full of ice and add the rock salt. Seal the bag.
- Put milk, vanilla and sugar into the small bag, and seal it.
- Place the small bag inside the large one and seal again carefully.
- Shake until mixture is ice cream, about five minutes.

Wipe off top of small bag, then open carefully and enjoy.

Pigs in a Blanket

1 can biscuits

1 package of wieners sliced in to pieces or little sausages

1. Preheat oven to 400 degrees.
2. Take biscuit and flatten each one out.
3. In each biscuit, roll a wiener in it.
4. Place on greased cookie sheet.
5. Bake at 400 degrees for 10 - 23 minutes.

Apple Sandwich

Who ever heard of an apple sandwich? Try this for something different.

What you need:

- 1 apple
- Peanut butter, cream cheese, or cheddar cheese spread
- Dull knife for spreading

What to do:

- Slice apple across, making six to eight slices
- Spread peanut butter or cheese spread on one slice, then top with a second slice to make a sandwich.

*Please note: Infants and young children can choke easily on some foods, such as nuts, popcorn, fruit seeds or pits, pieces of hot dogs or bacon, and some raw vegetables and fruits, such as carrots, celery, apples, and grapes. Using grated or finely chopped foods may reduce the risk of choking. Never leave an infant or young child alone while eating.



Pick-and-Choose Popcorn — Add some variety when making popcorn for family snacks.

**Caution: Be aware that infants and young children can choke easily on some foods, such as nuts, popcorn, fruit seeds or pits, pieces of hot dogs or bacon, and some raw vegetables such as carrots and celery. Using grated or finely chopped foods may reduce the risk of choking.*

What you need:

4 to 6 cups popcorn (about 1/4 cup unpopped)

Parmesan cheese

Taco seasoning

Cheese seasoning

Margarine

Parmesan Seasoning

Stir together 2 tablespoons melted margarine with 2 tablespoons grated Parmesan cheese. Toss with warm popped popcorn.

Taco Seasoning

Stir together 2 tablespoons melted margarine with 1 teaspoon taco seasoning mix. Toss with warm popped popcorn.

Cheese Seasoning

Stir together 2 tablespoons melted margarine with 1 tablespoon grated American cheese food. Toss with warm popped popcorn.

Taco-Cheese Popcorn

Mix some of the taco seasoning mix with the American cheese mix and toss with the warm popped popcorn.

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