

# Tools for Parenting

*Lessons to help you become a better parent.*

**Tuesday & Wednesday**

**October 2 and 3, 2012**

**9:30 a.m. to 1:30 p.m.**

**Parker County  
Agricultural Services  
Center**

**604 North Main Street  
Weatherford, Texas**



**\$10.00  
for class  
includes  
lunch**

Please Pre-Register by  
September 26, 2012

To register or for more  
information call:

Texas AgriLife Extension  
Service—Parker County at  
817-598-6168  
[www.parker.agrilife.org](http://www.parker.agrilife.org)

**"Screamfree Parenting: The Revolutionary Approach to Raising Your Kids by Keeping Your Cool "a series by Dr. Hal Edward Runkel. — Lessons will focus on how to become the parent your kids need and about keeping your cool. Also the workshops will cover: Keeping Kids Healthy through Healthy Eating, Keeping Kids Safe and Food Safety, Shopping Strategies for Feeding Your Children and Family.**